



SOFT SKILL DEVELOPMENT RESOURCES

- [Strategies for Skill Development](#)—A YouthBuild program’s education component should be grounded in skills that prepare young people for life as well as for successful employment. This chapter focuses on how instructors and other staff can weave together academics—especially literacy and numeracy—and thinking skills throughout the YouthBuild program. This chapter also addresses specific skills necessary for college and career success. This document is an excerpt drawn from the Education at a YouthBuild Program handbook (2012).
- [40 Developmental Assets](#)—Identifies key internal and external assets that are critical for young people's success. Discuss these assets with students throughout the year and identify ways in which both students and your YouthBuild program can explicitly cultivate these assets.
- [Skills to Pay the Bills: Mastering Soft Skills for Workplace Success](#)—This curriculum, developed by ODEP, focuses on teaching "soft," or workforce readiness, skills to youth, including youth with disabilities. It was created for youth development professionals as an introduction to workplace interpersonal and professional skills, and the curriculum is targeted for youth ages 14 to 21 in both in-school and out-of-school environments. The basic structure of the program is comprised of modular, hands-on, engaging activities that focus on six key skill areas: communication, enthusiasm and attitude, teamwork, networking, problem solving and critical thinking, and professionalism.
- [WealthBuild, Asset Building Curriculum for Youth](#)—When we prepare young people for the world by equipping them with tools for economic independence, we help them succeed for the long haul. In this highly interactive and practical course, participants will learn how to teach financial literacy to build individual and community wealth. Participants will learn about YouthBuild USA's Individual Development Accounts (IDA) program and will each receive copies of the YouthBuild / National Endowment for Financial Education (NEFE) "Building Your Money Skills" Student Guide and Facilitators Guide to use immediately with the young people in your program.

- [Building Your Money Skills, Taking Charge of your Future](#)—This seven-week, hands-on financial education program is designed for young adults, ages 16 to 24. The program introduces participants to basic financial planning concepts such as goal setting, making a spending plan, building an emergency fund, and the wise use of credit. In addition, each participant receives a 68-page youth guide. The chapters in the youth guide correspond to the seven units in the program.
- [MASS](#) (Measuring and Assessing Soft Skills) is a course on measuring soft skills levels and improving upon them. It aims to better understand and address the needs of young people who disengage from training education, or employment.
- [UCLA Free Guided Meditations](#) is an introduction to mindfulness meditation that you can practice on your own.
- [Me Moves](#) is an easy and innovative way to increase attention and calm in as little as two minutes – in the classroom, at home, anywhere – for people of all ages and abilities.